

Welcome to the Cadence Riding Academy

A USHJA Recognized Riding Program



The Cadence Riding Academy program offers top quality riding instruction for all levels for those who do not own or lease their own horse. We instruct in the traditional riding disciplines of Hunter Seat and Show Jumping and are dedicated to the development of equestrians.

Horses & professional instructors:

Cadence instructors are professional, adult instructors. Our lesson horses and ponies are school master horses and are carefully and selectively chosen for our program.

Lesson types & rates:

The instructor determines the type of lesson that is suitable for each student. Horse and tack is included. Students will remain in beginner lessons until basic skills are mastered.

- **Assessment Lesson (\$65)**
 - 30-minute private riding lesson, barn tour, and overview of program.
- **Beginner Lessons (\$55)**
 - 30 minute private/semi, or one hour group lesson depending on skill level.
 - Emphasis on learning riding & horse safety basics and developing confidence around and on horses including proper hand, leg, and body position, balance, steering, navigating traffic, and controlling a horse's gaits at the walk, sitting trot, posting trot, as well as learn to walk and trot over ground poles.
- **Intermediate Lessons (\$55)**
 - 1 hour group lesson
 - Emphasis on building confidence in intermediate riding skills including learning to ride a variety of types of horses, confidence in riding in different arenas, riding, trotting, and cantering circles, and riding and cantering courses of cross rails.
- **Advanced Lessons (\$55)**
 - 1 hour group lessons
 - Emphasis on advanced riding skills including learning and mastering riding all types of horses, developing an advanced riding seat, refining timing and coordination, smoothly adjusting transitions, riding and cantering small circles and courses of jumps in the arena, and riding and cantering in an open field.
- **Regular Private Lessons (\$85)**
 - 30 minute private dressage or flat lesson.

~ There is a 5% discount if taking 8+ lessons in the same month. ~

Payments:

- Students are required to fill out a credit card authorization form and the credit card that is on file will be charged in advance on or around the 25th-31st of each month for the upcoming month's lessons. A receipt will be emailed to the email address on file once we process your payment.
- If you choose not to fill out a credit card authorization form, you will be required to bring cash or check to your instructor on or before the 1st lesson of each month to receive lessons.
- There are no refunds.

Scheduling, cancellations, and makeups:

- Students will be automatically added to the following month's lesson schedule until a written notice is given to withdraw from the program. This must be no less than 30 days prior to the start of any new calendar month.
- For lesson scheduling and cancellations, please contact your instructor.
- Students are required to take a minimum of 1 lesson per week (4-5 per month) except if lesson day falls on the following Cadence closure days: New Years Eve, New Years Day, Independence Day, Thanksgiving Day, Christmas Eve, & Christmas Day.
- We recommend students take a minimum of two lessons per week to stay in practice and to build skills faster.
- Please arrive at least 10-15 minutes early for lessons. If you are late to your lesson the lesson will still end at the designated time.
- If you cancel a lesson, students can receive a make-up lesson as long as a 24-hour minimum notice was given to the instructor (in writing). Makeup lessons are subject to the availability of the instructor and must be taken within 30 days or fees are forfeited. Only one makeup is allowed every 3 months with the exception of medical conditions.
- No-shows or late cancels receive no makeup or credit and fees are forfeited.
- On rainy days, the use of the indoor arena will be rotated among instructors in a fair manner and mounted lessons will be substituted as needed with un-mounted horsemanship lessons.
- THERE ARE NO REFUNDS OR CREDITS.
- There is a \$35 late fee applied to all invoices not paid within 7 days of the due date.
- There is a \$50 service charge for returned payments.

Email, Text Messaging, and Communications:

- All emails and text messages between minors and Cadence instructors or staff must always include a parent or guardian.

Riding Apparel Resources:

- Dover.com
- Smartpak.com
- Red Earth, OKC, OK
- Circle E, Edmond, OK

Required Riding Attire:

- ASTM/SEI Certified Helmet*
- English Paddock Boots with or without Half Chaps; or Tall Boots
- Breeches, Jodhpurs, or Riding Tights
- Riding gloves (form fitted)
- Hair neatly tied back & out of the face
- No jeans, sweatpants, or baggy clothing; no long jewelry and no gum
- Safety Vest (optional)

* riders may borrow a Cadence helmet for their Assessment lesson, but are required to purchase their own helmet for any additional lessons.

Visitor Rules:

- Closed-toed shoes are required to be worn by ALL VISITORS while on CEC property. No bare feet, flip flops, or sandals.
- We welcome parents to watch lessons, but please observe your children on the outside of the gate/arena.
- We do not permit coaching or critiquing your child during his/her lesson. This is distracting to not only your child, but also to the instructors and other riders.
- Please supervise all children who are not attending lessons at all times and make them aware of all rules. Do not let children play in the shavings, hay barn, or around horses.
- Please do not park on the grass or block any horse trailers.
- Do not bring pets, bikes, scooters, balls, etc. on the property as this may frighten the horses.
- Do not handle any dogs, cats, or any horse not being used for your lesson.
- There is NO smoking on CEC property.
- The speed limit on the property is 1-3 mph. Observe all stop signs. Please watch out for pedestrians, riders, horses & other barn animals.
- You may feed horses fresh cut up apples and cut up carrots with the permission of the instructor. Do not feed anything else to the horses.
- Never enter any stall or pasture on the property without permission from the instructor.